

# Park Lane Menu April 2017

Day	Breakfast	Lunch	Pudding	Tea
1.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Tuna pasta bake with mixed vegetables Contains: Wheat, Gluten, May contain: milk	Strawberries with ice cream Contains: Wheat, Milk, Egg,	Cheese on toast with cucumber sticks Contains: Gluten, Wheat, milk , cheese
2.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Cottage Pie and vegetables Contains: Wheat, Milk, May contain: soya	Fruit sponge Contains: egg, wheat gluten	Fish fingers and beans Contains: fish, gluten, wheat, May contain: soya
3.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Sweet and sour chicken and noodles Contains: wheat May contain: mustard, soya	Fromage frais Contains: milk	Crumpets with Pepper sticks Contains: Wheat, Milk ,  May contain: Gluten, Soya.
4.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Roast Chicken, roast potatoes, stuffing, Yorkshire, seasonal vegetables and gravy. Contains: Wheat, Milk , Egg, Gluten, Soya.	Bananas and custard Contains: milk	Spaghetti hoops on Toast Contains: Wheat, Gluten, Soya.
5.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Fish cakes, peas and sweet corn served with parsley sauce Contains: Wheat, , Egg, Fish. Milk, Soya May contain:	Fruit Jelly	Sandwiches with carrot sticks Contains: Gluten, Wheat, milk , cheese
6.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Chicken pie and Vegetables May contain: Milk, Gluten	Angel delight (strawberry)	Wraps with salad Contains: Wheat, Milk , Egg, Gluten, Soya. Mustard

## Park Lane Menu April 2017

7.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Sausages, Mash with seasonal vegetables and gravy Contains: Wheat, Milk , May contain: Egg, Gluten, Soya.	Fresh fruit salad	Vegetable Pasta and Sauce Contains: Wheat, Gluten, May contain: milk
8.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	lasagne and garlic Bread Contains: Wheat, Milk , May contain: Egg, Gluten, Mustard	Treacle sponge and ice cream	Cheese, ham and tomato potato skins May contain: Milk
9.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Chicken curry and Naan bread May contain eggs, mustard, lupin, soya	Fruit Yoghurts Contains: milk	Sandwiches with cucumber sticks Contains: Wheat, Milk , May contain: Egg, Gluten, Soya. Fish, Mustard
10.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Fish Pie with broccoli and cauliflower. Contains: Wheat, Milk , Fish	Sultana and chocolate Flapjack Contains: Oats, Milk,	Pizza muffins with salad Wheat, Milk , Gluten, Soya May contain: eggs
11.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Jacket Potatoes, cheese, and beans contains: milk	Fruit salad	Bagels and cream cheese with cucumber sticks Contains: Wheat, , Milk, Gluten May contain: sesame
12.	Cereals and Toast Contains: Wheat, Barley, Oats, Milk, Gluten	Spaghetti Bolognese Contains: Wheat, May contain: lupin, mustard	Pineapple Upside down Cake Contains: Wheat, Milk, Egg,	Tomato Soup and bread rolls May contain: eggs, lupin, gluten

## Park Lane Menu April 2017

**The children help to pour their own cereal and milk at breakfast and the older children help to wash their pots after snack time.**

**Each room will complete a cooking activity with the children each week which they will enjoy at snack time or bring home as a treat.**